

MONDAY

Time For You Crèche

9:00 - 12:00pm

Run by Nicola, Jo and Sarah.

Please ring on Wednesday morning to place your child on the waiting list for the following Monday.

To aid with the settling of your child we would request that parent/carers attend activities at the centre beforehand.

(No places are guaranteed due to high demand)

Tel: 01706 378166

Free Adult Zumba classes

11am-12pm at Littleborough Sports Centre. Contact the Children's Centre to book your place 378166. Open to anyone, please come and join us.

Bumps and Babes

1:00 - 4:00pm (Room 3)

For ages **0-2 years**.

Come along to play, meet other families and friends. Run by Jayne.

Bits and Bobs at Smithybridge Library

2:00 - 3:30pm.

Under 5's welcome.

Explore, sing and play with Sarah, then use the Library.

Run by Sarah.

Antenatal:

Monday 9am - 12.30pm

Postnatal:

Monday 1.30pm - 3pm

Antenatal and Postnatal Clinics are appointment only - also on Thursdays. Please phone the Centre to see a Midwife.
Tel: 378166.

Baby Massage

1.15 - 3.15pm

Run by Nicola. Room 2.

See Fridays column for booking information and details.

TUESDAY

All Day Pop in and Play:

9:15am - 4.30pm (Room 3)

Ages 0-5 welcome.

Music Time - (Room 2)

9:45 - 10:15am First session or 10:30 - 11:00am second session

All **ages 0-5** years welcome.

20th December - join us for Christmas songs and carols - fancy dress optional.

(Please be aware if numbers are low there will be one session 10:30am-11:00am)

Story, Rhyme and Craft Activity at Wardle Library, 2:00 - 3:30pm.

Under 5's welcome.

Listen to stories, do an activity and singing, then use the Library. Run by Jo.

13th December - join us for Christmas crafts and stories

Sing, Rhyme and Story time at Littleborough Library

2:15 - 3:30pm.

Under 5's welcome,

Listen to stories, do an activity and singing, then use the Library.

Run by Nicola. **(Last session 13th December restarts 10th January)**

Wiggles and Jiggles

3:30 - 4:30 pm

For ages 2 and over, join Jo for singing, dancing and fun at Wardle Library.

13th December - join us for Christmas songs and carols

Parent Craft Classes

6:00 - 8:00 pm for 3 weeks

For first time parents and run by the midwife.

Week 3: Breastfeeding For any mums to be, at any gestation, even mums who have had children before.

Booking is essential.

Please call 01706 378166

WEDNESDAY

Childminder Group

9:15 - 11:30am (Room 3)

Ages 0-5 welcome.

Supported by Nicola.

Jitterbugs Baby Session

9:45 - 11:00am.

Free session for babies **0- 11 months**. Address: Todmorden Road, OL15 9EG.

Run by Jo **(Term time only)**

Wardle Village Church

11.15am - 11.45am

Enjoy stories and rhymes at the end of the toddler group.

Supported by Nicola

(last session 7th December - restarts 11th January)

Outdoor Fun and Fun with Dance

Fun with Dance 10:00am - 10:45am or Outdoor Fun 10:00 - 10:45. Both sessions have Stay and Play 10:45 - 12:00 after (Room 2) Run by Sarah. Under 5's Welcome.

See events column for dates

Baby Bistro (Room 2)

1:00 - 3:00pm

Breastfeeding support group All welcome. Trained Peer Supporters available.

Stay and Play at Birch View

1:30 - 3:00pm

Residents and Tenants Association ending with songs. **14th - 12:30 - 3:00 : Christmas Party - lunch is provided. Fancy dress optional.**

Run by Nicola.

Wednesday Stay and play

(Room 3) 1.30 - 5.00pm

0-5 years Older siblings welcome. Run by Sarah.

Look out for centre staff in various locations across Littleborough.

Community Outreach and consultation time
Weds 1.00 - 3.00pm

THURSDAY

Littleborough Parents and Carers Together Group (LPACT)

9:15am - 11:15am

Dates for December:
1st, 8th and 15th: Parent Forum Meeting (with crèche)

22nd: Parent Forum Christmas Party

29th: No session

Antenatal Clinic

Thursday 9:00 - 12:30pm

Postnatal Clinic:

Thursday 1:30-3:00pm

Baby Play and Moving On With Play:

1:30 - 3:00pm (Room 3) for ages **birth to 3 years**.

Run by Jo.

Boogie Babies

2:00 - 3:00pm.

For ages 0 - 18 months.

Join Nicola at Wardle library for singing and dancing with your baby.

Baby Clinic: (Room 2)

1:30pm - 3:00pm.

Weigh your baby and see the health team for any concerns or advice. **No Baby Clinic 29th December (Littleborough Health Centre's Baby Clinic open as usual)**

Sarah or Jo will be available during Antenatal and Baby Clinic to offer advice on centre sessions and services.

Stansfield Hall Primary School Parent and Toddler Group

1.30pm - 3.00pm Term time only (in the Willow room)

Run by Lucy and Jane from the school, supported by Littleborough Children's Centre. Various activities available.

Events Thursday 29th December (Room 3):

9:30 - 11:30 - Music Time and Stay and Play

1:30 - 3:00 - 'Make It - Take It' Both run by Jo and Sarah

FRIDAY

Fun with Sarah:

9:00 - 11:30am (Room 2)

Dates for **December:**

2nd : Messy Play

9th and 23rd: Crafty Kids

No session 16th December

Ages 0-5 welcome for all sessions.

NEW SESSION

Take A Break at Birch View

9:15 - 11:15 (term time only)

Come along and enjoy tea, coffee toast or crumpets whilst your children play and have fun.

Ages **0-5** welcome

Supported by Jo.

Baby Massage

10:00 - 12:00am

Run by Nicola. Room 1.

To book a place on the **4 week** course please contact the Centre.

Tel: 01706 378166

Stay and Play - (Room 3)

1:00 - 4:00pm

Ages 0-5 welcome.

Supported by Jo.

Cook and Taste - (Room 1)

2:00 - 3:00pm

16th December

Run by Jo. Come along and learn new recipes, try new foods and join stay and play after.

Booking essential. Please call 01706 378166 on

Monday morning to book places.

Magic Movements

1.15 - 3.30 (Room 2)

Sensory experience for babies which supports physical development, social and early communication skills.

Session for babies aged **0-9 months**.

Contact the Centre to book a place on the six week course.

Run by Sarah/Nicola.

SPECIAL EVENTS

Outdoor fun and Fun with Dance

Run by Sarah

Dates for December:

7th and 21st: Fun With Dance

No session 14th December

Saturday 10th December 10:00 - 12:00

Festive Fun with Dad

Join us for a fun festive morning of card making, decorations and carol singing
Run by Jo

December is 'Dump the Dummy' Month

Plant your dummy on our tree and support your child's speech and language.

Stay Safe this Christmas and ask at Reception for our '12 Days of Christmas' Fire Safety leaflet.

Please Note:

The Centre will be closed on:

Monday 26th December

Tuesday 27th December

Wednesday 28th December

Friday 30th December

From everyone at Littleborough Children's Centre we wish you a wonderful Christmas and a Happy New Year

Please ask at reception if you would like the timetable to be emailed to you on a monthly basis

December 2011 Littleborough Children's Centre Tel: 01706 378166

Other Sessions Available at Littleborough Children's Centre

Smoking Cessation:

Help, Support, advice and aids to help stop smoking run by Lynn, Health Visitor.
Please ring 01706 378166 to make an appointment.

Useful website addresses and contact numbers:

National Breastfeeding Helpline: 0300 100 0212
La Leche helpline (Rochdale group): 01706 656684
www.rochdalemind.org.uk (one to one counselling and therapy groups)
Family Information Service: 01706 719900 or www.rochdale.gov.uk/childcare
NHS Baby Life Check: www.babylifecheck.co.uk
www.nextstep.direct.gov.uk (support with training and back to work)
www.radama.co.uk (support with training and back to work)
www.childrenslegalcentre.com
www.direct.gov.uk
www.learnirect.co.uk (support with training and back to work)

Littleborough Children's Centre is working towards Rights Respecting Early Years Award. Information will be displayed in the Centre. Look out for more details

Join us online:

www.rochdale.gov.uk/childrenscentres



Find us as: Sure Start Children's Centres in Rochdale borough



RochdaleParents

Contact Us:

Littleborough Children's Centre
Off Denhurst Road
Littleborough
OL15 9LD

Tel. 01706 378166

Email:

littleboroughcc@rochdale.gov.uk

Sure Start Children's Centres Rochdale offer access to a range of support and services for families with children aged under 5 to give children the best start in life and help them to reach their potential. Services include early learning and childcare, parenting advice and health services and help for parents to find work or training.

Littleborough

A Sure Start Children's Centre



Timetable December 2011

