

## MONDAY

### Beach Party:

2nd August 10:00 - 11:30am. Under 5's. At the Children's Centre with Katie and Sarah.

### Fairies and Pirates

#### Fancy Dress:

9th August 10:00 - 11:30am. Under 5's. At the Children's Centre with Katie and Sarah.

### Fun in Hare Hill Park:

16th August 10:00 - 11:00am. Under 5's. Meet at the bandstand, with Katie and Sarah.

### Walk and Picnic at Hollingworth Lake:

23rd August from 10am meet at Hollingworth Lake Visitors Centre, booking essential as places are limited, Run by Katie and Sarah.

### Baby Massage

#### No session in August

Run by a Health Professional, supported by Katie. Ring the Centre to book a place on the six week course. Tel:378166.

### Bumps and Babes (with toy library)

1:00 - 3:00pm.

For ages 0-2 years.

### Sing, Rhyme and Story Time at Smithybridge Library

2:30 - 3:15pm.

Under 5's welcome.

## TUESDAY

### Music Time - Room 2

9:15 - 10:15am with Katie

10:15 - 11:15am with Sarah.

**All ages 0-5 years welcome.**

### Stay and Play:

Room 3

9:15 - 11:15am

**Ages 0-5 welcome.**

### Multiple Birth Group Tuesday 17th August

1:00 - 2:30pm. A stay and play for twins, triplets etc, ages 0-5 welcome.

Run by Jenny.

### Fun With Dance and Movement Room 2

(6 week course) 2:00 - 3:00pm. For ages 18 months to 5 years.

Booking essential as places limited.

Run by Katie.

### Story, Rhyme and Craft Activity at Wardle Library

Every Tuesday

2:30 - 3:15pm.

**Under 5's welcome.**

Listen to stories, do an activity, then use the Library.

## WEDNESDAY

### Wardle Village Church

9:30-12:00pm:

11am Stories and Singing for **Under 5's**.

### Childminder Group

9:15 - 11:30am Room 3

**Ages 0-5 welcome.**

### Fun with Sarah:

Room 2 9:30 - 11:30am

**Dates for August:**

**4th & 18th:** Messy Play

**11th & 25th:** Crafty Kids

**Ages 0-5** welcome for all sessions.

### Young Parent Group

#### Every Wednesday

Please see Special Events Run by Shamsa.

### Postnatal Clinic:

1:00-2:00pm

(Appointment only).

### Baby Bistro Room 2

1:00 - 3:00pm

Breastfeeding support group

Midwife run:

Tracey Lake - Tel:

07971026645.

### Stay and Play Room 2

Every Wednesday

3:30 - 5:00pm,

**ages 0-5** welcome.

Run by Sarah.

## THURSDAY

### Littleborough Parents and Carers Together Group (LPACT)

9:15 - 11:15am

Dates for August:

**5th & 12th:** Art Attack - art sessions with Joanne Phillips (with crèche)

**19th:** Parent Forum Meeting (with crèche)

**26th:** Stay and Play

For more information on sessions and for crèche bookings, please contact Janet - Tel: 378166.

### Antenatal and

#### Postnatal Clinic:

Wednesday 1:00-2:00pm

Thursday 9:00-11:30am

Thursday 1:00-3:00pm

### Antenatal and

#### Postnatal Clinics are appointment only.

Please phone the

Centre to see a

Midwife. Tel: 378166.

### Baby Play

1:30 - 3:00pm Room 2

For babies aged **0-9**

months. Run by Katie.

### Moving on with Play

Every Thursday

1:30-3:00pm - Room 3

For babies aged **9 - 18**

months. Run by Sarah.

## FRIDAY

### Time for You Crèche

9:00-12:00pm

Run by Katie and Sarah.

Please ring Monday

morning to place your

child on the waiting list

for Friday. Places are

limited. Tel: 378166.

### Citizen's Advice

**Bureau 9:30 - 12:30pm**

At the Children's

Centre. Are you expect-

ing, or have a child aged

0-5? Need advice on

debt, housing and

benefits? Contact the

centre Tel: 378166 to

book an appointment

with the Citizen's

Advice.

### Stay and Play:

**Room 3** 1:30 - 3:00pm

Dates for August:

**6th:** Farm themed Stay

and Play

**13th & 27th:** Cook and

Taste

**20th:** Creepy crawly

theme with face painting

**Ages 0-5** welcome.

### Baby Moves Room 2

**Begins 13th August**

**1:15 - 2:15pm.** Session

for babies aged **0-9**

months. Contact the

Centre to book a place

on the six week course.

Run by Katie, supported

by Sarah.

## YOUNG PARENT GROUP and SPECIAL EVENTS

### Young Parent Group

**1:00 - 3:00pm**

**Dates for August:**

**4th, 11th, 18th & 25th**

**'Tackle the Takeaway'**

Cooking course aimed at

healthier alternatives to

takeaways. For more

details or to make a

crèche booking please

contact Shamsa Tel:

01706 378166

### Thursday 26th August

**10:00 - 12:00pm**

**Forest Fun Session**

Meet at Hollingworth

Lake Visitors Centre at

10am booking essential

as limited places.

(Please wear suitable

clothing)

**If you would like to take advantage of our monthly email distribution service promoting activities at the Centre, please contact the Centre.**

**August 2010  
Littleborough  
Children's Centre  
Tel: 01706 378166**

## Other Sessions Available at Littleborough Children's Centre

**Family Support Sessions:** Parents! Do you need help & support? Contact the Centre for an appointment with Lesley Sutcliffe - Family Outreach Worker Tel: 01706 378166.

**Smoking Cessation:** Help, Support, advice and aids to help stop smoking with a Health Visitor. Run by Lynn.  
Please ring 01706 378166 to make an appointment.

### NHS Baby Life Check:

Baby Life check is a new interactive website to help parents and carers of children aged 5-8 months keep their babies healthy, happy and safe. [www.babylifecheck.co.uk](http://www.babylifecheck.co.uk).

Call **Littleborough on 01706 378166** to book a computer to access this service or log on from your library or home computer.

Littleborough Children's Centre is working towards Rights Respecting Early Years Award. Information will be displayed in the Centre.  
Look out for more details

**Sure Start Littleborough Children's Centre**  
**Denhurst Road (off Calderbrook Road)**  
**Littleborough OL15 9LD**

call **01706 378166**

email [LittleboroughCC@Rochdale.gov.uk](mailto:LittleboroughCC@Rochdale.gov.uk)

For more information about children's centres log onto [www.rochdale.gov.uk/childrenscentres](http://www.rochdale.gov.uk/childrenscentres)

Sure Start Children's Centres Rochdale offer access to a range of support and services for families with children aged under 5. Services include early learning and childcare, parenting advice and health service and help for parents to find work or training. Sure Start Children's Centres Rochdale give children the best start in life and helps them to reach their potential with benefits for parents too.

**Sure Start**  
**Children's Centres**  
Rochdale

 **ROCHDALE**  
METROPOLITAN BOROUGH  
**COUNCIL**

# Littleborough

## A Sure Start Children's Centre



## Timetable

# August 2010

